

OCTOBER 2026

BREAKFAST MENU

**START STRONG.
EAT WELL. LEARN BIG.**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5 Fruit Cereal Bar / Yogurt Cup

Fruit, orange juice,
and milk



12 Warm Cinnamon Roll

Yogurt cup, fruit,
orange juice,
and milk



19 Warm Blueberry Muffin

Graham cracker, fruit,
orange juice,
and milk



26 Crunchy Cereal

Graham cracker, fruit,
orange juice,
and milk



6 Turkey Bacon & Cheese on a Whole Grain Biscuit

Fruit, orange juice,
and milk



13 Warm Raisin Cinnamon Bagel

with cream cheese,
fruit, orange juice,
and milk



20 Turkey Sausage & Cheese on a Bagel

Fruit, orange juice,
and milk



27 Egg & Cheese on a Whole Grain Croissant

Fruit, orange juice,
and milk



7 Fruit Smoothie

Graham cracker,
fruit, orange juice,
and milk



14 Fruit Parfait

Graham cracker,
fruit, orange juice,
and milk



21 Professional Development No School for Students



28 Fruit Smoothie

Graham cracker, fruit,
orange juice,
and milk



1 Maple French Toast Sticks

Fruit, orange juice,
and a milk



8 Hot Fluffy Pancakes

Fruit, orange juice,
and milk



15 Maple French Toast Sticks

Fruit, orange juice,
and a milk



22 Flavored Cereal

Cheese stick, fruit,
orange juice,
and milk



29 Maple French Toast Sticks

Fruit, orange juice,
and a milk



2 Scrambled Eggs and Potato Bowl

Fruit, orange juice,
and milk



9 Crunchy Cereal

Graham cracker,
fruit, orange juice,
and milk



16 Scrambled Eggs and Potato Bowl

Fruit, orange juice,
and milk



23 Hot Fluffy Pancakes

Fruit, orange juice,
and milk



30 Pumpkin Spice Oatmeal

Graham cracker, fruit,
orange juice,
and milk



Menu items are subject to change based on availability.